




EL PASO COUNTRY DAY SCHOOL

October 2021



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>4</p> <p>Chicken Parmesan with Spaghetti, Salad & Garlic Toast, Dessert</p> <hr/> <p>SPECIAL</p> <hr/> <p>Southwest Salad</p>	<p>5</p> <p>Brown Rice & Beans Burrito, w/ Fruit, Dessert</p> <hr/> <p>SPECIAL</p> <hr/> <p>Potato Cream Soup w/ Crackers, Dessert</p>	<p>6</p> <p>Turkey w/ Mashed Potatoes and Green Beans</p> <hr/> <p>SPECIAL</p> <hr/> <p>Grilled Chicken Avocado Salad</p>	<p>7</p> <p>Heritage Day</p> <p>Chicken Sandwich, Chips, Veggies</p> <hr/> <p>SPECIAL</p> <hr/> <p>Chicken Tortilla Soup w/ Tortilla Strips, Bread</p>	<p>8</p> <p>Pizza Day</p> <p><i>*All students dismissed at 2:00 pm</i></p>
<p>11</p> <p>EPCDS Founder's Day</p>  <p>School Closed</p>	<p>12</p> <p>Picture Day</p> <p>Spaghetti w/Marinara, Meatballs on the side, Salad, Garlic Bread, Dessert</p> <hr/> <p>SPECIAL</p> <hr/> <p>Veggie Noodle Soup w/ Chicken & Dessert</p>	<p>13</p> <p>Carne Asada or Chicken Fajita Wrap w/ Veggie Soup</p> <hr/> <p>SPECIAL</p> <hr/> <p>Boneless Chicken Wings (Spicy), Mac & Cheese, Celery & Carrots, Dessert</p>	<p>14</p> <p>Nachos Supreme w/ Ground Beef, Beans, Cheese, Sour Cream, Lettuce & Tomato, Dessert</p> <hr/> <p>SPECIAL</p> <hr/> <p>Entomatadas with Cheese, Salad, Yellow Rice & Beans Dessert</p>	<p>15</p> <p>EARLY DISMISSAL @12:00PM</p> <p>PARENT/TEACHER CONFERENCES</p> <p><i>*Daycare will be available</i> <i>*NO LUNCH SERVED</i> <i>*Pizza will be served to students staying for daycare @hot lunch charge</i> <i>*Students may bring a sack lunch</i></p>
<p>18</p> <p>Chicken Nuggets w/ White Rice, Green Beans & Orange Slices Dessert</p> <hr/> <p>SPECIAL</p> <hr/> <p>Fideo Soup w/ Cheese Quesadilla</p>	<p>19</p> <p>Chicken & Guacamole Tostadas, Rice & Beans, Lettuce & Tomato, Dessert</p> <hr/> <p>SPECIAL</p> <hr/> <p>Apple & Cranberry Chicken Salad</p>	<p>20</p> <p>Carne Asada or Chicken Tacos, Rice & Beans, Lettuce, Tomato, Salsa & Guacamole, Dessert</p> <hr/> <p>SPECIAL</p> <hr/> <p>Grilled Chicken Caesar Salad</p>	<p>21</p> <p>Hamburgers, Chips, Veggies, Dessert</p> <hr/> <p>SPECIAL</p> <hr/> <p>Chicken & Broccoli with White Rice Dessert</p>	<p>22</p> <p>Pizza Day</p> <p><i>*All students dismissed at 2:00 pm</i></p>
<p>25</p> <p>★ Mellow Monday ★ Wear Pajamas</p> <p>Chicken Rolled Tacos Rice and Beans, Salsa, Sour Cream, Avocado, Salsa, Dessert</p> <hr/> <p>SPECIAL</p> <hr/> <p>Crispy Chicken Salad</p>	<p>26</p> <p>★ Teacher Twinning Tuesday ★ Dress as an EPCDS Staff</p> <p>Turkey Hot Dogs (Chili Optional) Corn, Fruit & Dessert</p> <hr/> <p>SPECIAL</p> <hr/> <p>Beef Stew w/ Rice and Tortillas</p>	<p>27</p> <p>★ Wonderland Wednesday ★ Disney Character</p> <p>Chicken Quesadillas, Beans and Rice, Lettuce & Tomato, Dessert</p> <hr/> <p>SPECIAL</p> <hr/> <p>Chicken Tortilla Soup w/ Tortilla Strips, Bread</p>	<p>28</p> <p>★ Totally Tubular Thursday ★ 80's Outfit</p> <p>Chicken Sandwich, Chips, Veggies</p> <hr/> <p>SPECIAL</p> <hr/> <p>Strawberry Mandarin Salad</p>	<p>29</p> <p>★ Freaky Friday ★ Costumes, Hamburgers, Hot Dogs, Chips, Drinks & Games!!!</p> <p><i>*Students may be picked up as early as 1:00 pm</i> <i>*Daycare available</i></p>

SALADS

Apple Cranberry Salad w/ Chicken: spinach, romaine lettuce, chicken, spinach, apples, cranberry, crumbled blue cheese. **Served with Red Wine Vinaigrette dressing**

Crispy Chicken Salad: spinach, romaine lettuce, crispy chicken, carrots, avocado, tomatoes. **Served with Honey Mustard dressing**

Grilled Chicken Avocado Salad: spinach, romaine lettuce, chicken, avocado, tomatoes, cucumber, cheddar cheese. **Served with Balsamic dressing**

Grilled Chicken Cesar Salad: spinach, romaine lettuce, grilled Chicken, croutons, mozzarella cheese. **Served with Cesar dressing.**

Pasta Salad: Pasta, Red pepper, Celery, Black Olives, Mayonnaise.

Southwest Salad: Lettuce, Shredded Carrots, Black Beans, Corn, Diced Tomatoes. **Served with Lemon Pepper Dressing**

Strawberry Mandarin w/ Chicken: Lettuce, Chicken, Strawberries, Mandarin Oranges, Celery, Red Onion. **Served with Raspberry Dressing**

Zoom Meeting IDs

Ms. Monica: 507 162 6572

Ms. Madison: 931 128 1067

Ms. Marsha: 457 209 4521

Mr. Josh: 216 965 5179

Ms. Shannon: 572 385 7468

Ms. Melissa: 604 373 4054

Ms. Bryanna: 731 997 6187

Mr. Al: 963 420 3502

**Passcode for all zoom links: grizzly*